

Professional development workshop

Creating an emotionally safe classroom

Strategies for encouraging positive behaviours

This workshop provides teachers with:

- A closer look at disorders and conditions impacting behaviour
- The impact of thoughts and emotions on behaviour
- Triggers and strategies for challenging behavior needs
- Tools to create an emotionally safe classroom for optimal learning





Demetra Vlouhos facilitates this interactive two-hour teacher workshop. She shares tools and resources to help teachers create their own emotionally safe classroom, to respond to student behavioural needs. Teachers will also learn about conditions impacting students today and how to effectively meet their social and emotional learning needs. Demetra has more than 20 years experience helping teachers and students succeed.

* This workshop is also adaptable for day care educators.

For more information please contact:

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