



RESPECT

A Bully Prevention and
Personal Development Program



SECONDARY I-III 4-6 SESSION PROGRAM

Students will develop:

- 1 Critical thinking skills and decision-making strategies
- 2 Emotional intelligence and problem-solving skills
- 3 Resilience while facing challenges
- 4 Empathy and appreciation of differences
- 5 Teamwork and trust

This program uses **social & emotional learning** activities to reduce bullying behaviours, improve classroom dynamics and social interactions. Delivered in 4-6 sessions, highly interactive challenges enhance skills in **self management, social awareness,** and build **positive peer relationships.** The program includes a teacher or principal consultation to identify target areas from over **20 topics** students may need guidance and support.

For more information please contact:

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