



# HIGH SCHOOL STUDY STRATEGIES

Improving Study Skills to Enhance Learning



## SECONDARY I-V 3-5 SESSIONS

### Students will learn:

- 1 Organizational strategies to manage a high school course load
- 2 Note-taking and active listening skills to improve classroom retention
- 3 Test preparation techniques and test taking strategies
- 4 Self-motivation and personal leadership
- 5 Time management skills and long term project planning strategies

This **academic program** helps **high school students** develop the tools, skills, and knowledge to help them **achieve academic success**. Through activity based lessons, class discussions, individual and group work, both struggling and advanced students can make a leap in their test scores and confidence levels. The program can be delivered in 3 to 4 sessions depending on your school's schedule.

#### For more information please contact:

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