



KIND KIDS

Social & Emotional Competencies for School Success



PRE-K TO GRADE 2 8 SESSION PROGRAM

Students will learn:

- 1 Emotional awareness and language for self-expression
- 2 Self regulation & impulse control
- 3 Skills in sharing & inclusive play
- 4 How to manage frustrations & anger
- 5 How to “say sorry” and forgive

...and more!

This **wellness program** provides students with the **pro-social skills** necessary to create an enjoyable and **optimal learning environment**. The program includes an initial classroom observation and consultation with classroom teachers to tailor program goals to the needs of their students. The **40-minute sessions** include storytelling, role-playing, activities and discussion, facilitating learning and skill practice through play and fun.

For more information please contact:

Melinda Atkinson
Executive Director
info@epiqueinc.com
(514)501-8438

www.epiqueinc.com