



# OUR ONE HOUR

Making Lunch & Recess More Manageable



## A TRAINING PROGRAM FOR LUNCH SUPERVISORS

### Participants will learn:

- 1 Behavior management strategies
- 2 How to respond to the needs of students
- 3 How to reduce playground injuries and aggression
- 4 How to be prepared for the unexpected
- 5 How to improve communication between adults and children

This program is designed to empower **lunch supervisors**, with the tools and techniques to create a **fun, organized, and safe lunch hour**. This **5 hour** training program is divided into **two, 2.5 hour sessions** and includes an initial consultation meeting with the principal and/or daycare coordinator, a comprehensive lunch period observation and a final report with recommendations for new approaches.

#### For more information please contact:

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